

# DEVELOPING DOLANAN ANAK BASE "MAJEDA" TO OPTIMIZE GROWTH AND DEVELOPMENT OF KINDERGARTENERS

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## ABSTRACT

This study was aim to develop a "model of physical activity that is educational and attractive" based on Dolanan Anak as a vehicle to optimize the growth and development of kindergarteners. This research and development is divided into three phases: the development of models, small and large-scale piloting, and operational testing and dissemination. First stage of the research was aim to develop a prototype model of Majeda based on Dolanan Anak that have been validated by experts and practitioners.

This study was utilize the approach of research and development of Borg and Gall. The study was preceded by the preparation of Majeda prototype based on the study of theory, then exploring Dolanan Anak in DIY, and observing characteristics of growth and development of kindergarteners and the learning process is carried out in kindergarten. Then, the activity continued to examine aspects of the material taught in kindergarten and analyze the values contained in Dolanan Anak, and motion elements of the Dolanan Anak motion that is suitable to the task and themes and sub-themes of the material will be delivered to the kindergarteners and consider the aspects of the growth and development of kindergarteners, and learning characteristics that will be implemented.

Based on the analysis of the values of Dolanan anak and domains of kindergarteners' growth and developments, Dolanan anak can be classified into 6 groups of games. After going through process of harmonization with theme - subthemes that will be presented in the teaching learning process, prototype of Majeda base on Dolanan anak composed and validated by experts and practitioners .

Keywords : Dolanan anak , physical activity which is educative and attractive , kindergarteners