

**PERKEMBANGAN PERILAKU HIDUP BERSIH DAN SEHAT (PHBS)
MELALUI INTEGRASI PENDIDIKAN KARAKTER
DALAM PERKULIAHAN KESEHATAN LINGKUNGAN**

Siti Maryam, Yuliati, Tutiek Rahayu

**Jurusan Pendidikan Biologi FMIPA Universitas Negeri Yogyakarta
e-mail: sitisudjoko@yahoo.com**

Abstrak

Tujuan penelitian ini adalah untuk mengetahui: (1) karakter ilmiah yang dapat berkembang pada diri mahasiswa setelah mereka terlibat dalam kegiatan *Problem Based Learning (PBL)*; dan (2) keterkaitan antara PHBS dengan karakter ilmiah mahasiswa. Jenis penelitian ini adalah deskriptif yang tergolong studi perkembangan di bidang pendidikan yang berkaitan dengan tingkah laku. Penelitian dilaksanakan pada bulan Mei sampai Oktober 2015 di Jurusan Pendidikan Biologi FMIPA UNY. Subyek penelitian adalah mahasiswa jurusan pendidikan biologi FMIPA UNY peserta perkuliahan Kesehatan Lingkungan semester genap 2014/2015. Fenomena yang digali adalah PHBS dan karakter ilmiah mahasiswa serta kognitif mahasiswa tentang PHBS. Instrumen yang digunakan untuk mengukur PHBS diadopsi dari instrumen PHBS Depkes RI, serta mengukur karakter ilmiah dengan instrumen karakter ilmiah yang dikembangkan dari deskriptor pengukuran karakter Depdiknas 2010. Pengukuran kognitif mahasiswa tentang PHBS dilakukan dengan memberikan *pre test* dan *post test*. Semua pengukuran dilakukan sebelum dan sesudah kegiatan *PBL*. Kegiatan *PBL* dilaksanakan dengan implementasi RPP model. Analisis data dengan statistik deskriptif dan tabulasi silang. Hasil penelitian ini menunjukkan bahwa (1) Kategori karakter ilmiah pada setiap tahapan *PBL* berbeda-beda, belum semua mahasiswa dapat mencapai Mulai Konsisten pada karakter ilmiah Kreatif dan Rasa Ingin Tahu; (2) Perilaku Hidup Bersih dan Sehat (PHBS) mahasiswa tidak ada keterkaitannya dengan karakter ilmiah mereka. Meskipun PHBS mereka tergolong Sangat Baik namun masih memiliki karakter ilmiah yang belum mencapai kategori Mulai Konsisten.

Kata kunci: Perilaku *Hidup Bersih dan Sehat (PHBS)*, *Integrasi, Pendidikan Karakter*

Abstract

The purpose of this research is: (1) to investigate the scientific character that can develop in themselves of students after they were involved in activities of Problem Based Learning, (2) to investigate the relations between clean and healthy Lifestyle the scientific character of the students. This type of research is descriptive that classified studies development education that related to behavior. The research was conducted on May until October 2015 in the department of Biology, Faculty of mathematics and natural science, Yogyakarta State University. The subjects are students participants lectures about Environmental Health in the department of Biology, Faculty of mathematics and natural science, Yogyakarta State University even semester 2014/2015. Phenomenon discussed is clean and healthy Lifestyle, scientific character of the student and the student cognitive about clean and healthy Lifestyle. Instrument that using to measure clean and healthy lifestyle adopted from the instrument clean and healthy Lifestyle Indonesian Health Department, and measuring the scientific character of the respondents to the scientific character of the instrument developed from the measurement character descriptor the National Education Department 2010. Measurements of cognitive student of clean and healthy Lifestyle was done by giving pre-test and post test, all measurements were done before and after activities of Problem Based Learning. Problem Based Learning activities be implemented by the implementation of the Plan of implementation of learning. model of data analysis with descriptive statistics and cross tabulation. The results showed that (1) Category scientific character in each stage of Problem Based Learning is different, not all students can achieve Start Creative Consistent with the scientific character and Curiosity (2) Clean and Healthy Lifestyle students no relevance to their scientific character. Although their Clean and Healthy Lifestyle are classified as Very Good but they still have a scientific character who has not attained the category Start Consistent.

Keywords: Clean and Healthy Lifestyle, Integration, Character Education